

Q: What is an **opiate**?

A: **Opiates** are sedative drugs like heroin, codeine, methadone, and morphine. Synthetic drugs like oxycodone, hydrocodone, and fentanyl are called **opioids**. Using too much of these substances can result in a **life-threatening overdose**.

Signs of an overdose...

- Difficulty breathing or “snoring” in an unusual way
- Not reacting to attempts to awaken
- Hands, face, and/or lips turning purple or blue
- Not responding to pain
- Complaining about being too hot
- Vomiting
- Acting unreasonable or confused



Where can I get help?

In the event of an **overdose** or other emergency:

CALL **911**

Miami County Recovery Council

937-335-4543

www.mcrcinc.org

Tri-County Crisis Services
24-Hour Hotline:

937-335-7148
or 800-351-7347

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A **QUICK RESPONSE...**

...to a
life threatening
issue



**QUICK RESPONSE
TEAM (QRT)**

T R O Y , O H I O

What to do in the event of an overdose:

- ✓Call **911** immediately.
- ✓Try to awaken the person by rubbing your knuckles against his or her chest bone.
- ✓Clear the person's airway, pinch his or her nose closed, and blow air into the person's mouth.
- ✓Use **Narcan*** if it is available to you.
- ✓Position the person on his or her side in case vomiting occurs.
- ✓Keep the person warm and stay with him or her until help arrives.
- ✓Tell medical staff what drugs were used by the affected person.
- ✓Leave everything in the room or in the immediate area as you found it when the overdose occurred.

***Narcan** is a fast-acting opioid antagonist that blocks and reverses the effects of opioids and opiates. It can be purchased at area pharmacies with or without a prescription.

What is the Quick Response Team?

The **Quick Response Team** is a collaborative effort involving the **Troy Police Department**, the **Troy Fire Department**, and the **Miami County Recovery Council**.

Quick Response Team functions include:

- Following up with overdose victims at regular intervals.
- Transporting those who need immediate assistance and intervention to locations that provide such services.
- Offering continued assistance and support to overdose victims and their families.
- Communicating with local care providers to ensure overdose victims receive necessary support and services.

THERE IS HELP.

There are a number of solutions for those who want to break the deadly cycle of addiction. The first step is to reach out for help from family, friends, and community agencies that will support you in your efforts to stop using drugs. The Miami County Recovery Council provides addiction and mental health services for those who live and work in our community. MCRC employs licensed professionals who provide diagnostic assessments and counseling services, and refer clients to other services and agencies where appropriate.

O H I O H B 1 1 0

Legislation passed in 2016 provides immunity from arrest, prosecution, or conviction for those who seek or obtain medical assistance for themselves or others in the event of an overdose.