



Peer Recovery Support Services and Supporting Fathers in Recovery

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Peer Recovery Support Services

The BJA COSSAP TTA Center on
Peer Recovery Support Services

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Altarum



Criminal Justice Involvement, Substance Abuse, and Peer Support



- ▲ The criminal justice population has a disproportionately high rate of substance use disorders (as well as co-occurring mental health and substance use disorders) compared with the general population.
- ▲ Peer recovery support services (PRSS) have emerged as important resources for engaging and supporting criminal justice-involved individuals and their families in their recovery.



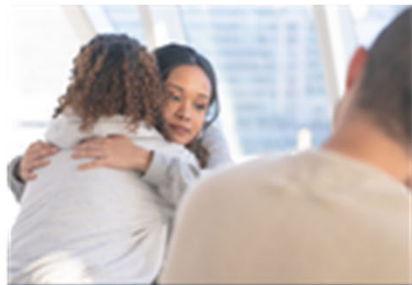
Increasingly, peer recovery support services are an important—and sometimes central—part of efforts to effectively address the opioid epidemic.

Peer-based services can be a vital part of the continuum of care for substance abuse and of efforts to address alcohol and drug abuse—including opioid misuse.

Overview: Peer Recovery Support Services (PRSS)



- ▲ **Peer recovery support services (PRSS)** refers to the wide-array of non-clinical supports provided by peer practitioners (also referred to as peer specialists).



Emotional



Informational



Affiliational



Instrumental

Peer Recovery Support Services (PRSS)



Recovery happens in community.

- ▲ Ready-made pro-social environment
- ▲ Focus on building trusting *relationships*
- ▲ Use recovery community resources and assets
- ▲ Provide a variety of models of the benefits and expectations of a life in recovery



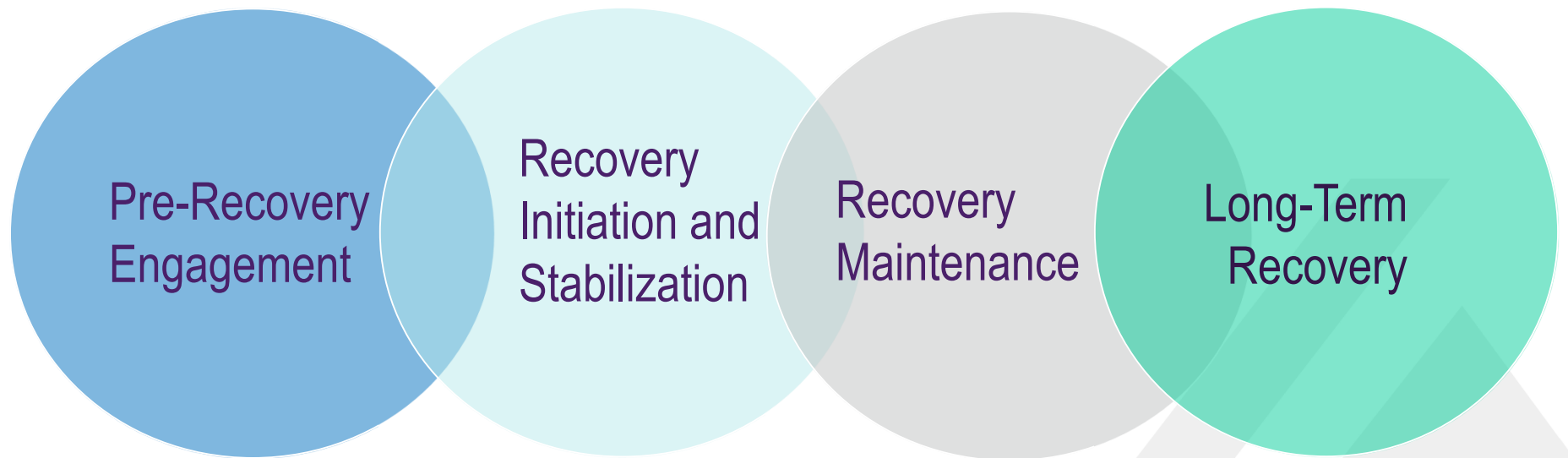
PRSS create, build, reinforce, and strengthen **Recovery Capital**



- ▲ In assisting people to achieve their recovery goals, it is often useful to help them assess and build their **Recovery Capital**
- ▲ **Recovery Capital** is the sum of the strengths and supports—both internal and external—that are available to help someone initiate and sustain long-term recovery from addiction

(Granfield and Cloud, 1999, 2004; White, 2006)

PRSS engage individuals across the time span of recovery—and keep them engaged ▲



Adapted from William White

TTA Center for Peer Recovery Support Services



- ▲ Developing tools that assist staff to effectively integrate PRSS in criminal justice settings
- ▲ Facilitating program-to-program sharing of evidence-supported services, best practices, and promising approaches
- ▲ Consulting with individual programs to strengthen operations, by identifying and solving challenges to program success.



TTA Center for Peer Recovery Support Services

Areas of Focus



Resources

- Staffing levels, caseload, service array, physical space, technology

Infrastructure

- Written policies and procedure, communication tools, organizational structure

Organizational Learning

- Practice knowledge, staff training, coaching
- Communication and multi-disciplinary collaboration
- Performance measurement, reporting, and evaluation

Organizational Culture & Climate

- Shared beliefs and vision
- Conflict resolution and trust
- Commitment to change

Engagement & Partnership

- Within the Agency, with other organizations, and with communities
- Leadership – including leading change

TTA Center for PRSS



In-Person and Virtual
Consultation

Training and Facilitation

Capacity Building

Thought Leadership

Overview



- ▲ The purpose of Peer Recovery Support Services Mentoring Initiative (PRSSMI) is to advance the inclusion of peer recovery support services in jurisdictions' portfolios of substance abuse intervention and treatment strategies.

Purpose of PRSSMI



- ▲ **Promote peer-to-peer learning** among organizations that are implementing PRSS in criminal justice settings.
- ▲ **Disseminate evidence-supported PRSS programming**, promising approaches, and best practices.
- ▲ **Enhance the capacity** to develop PRSS as a component of their diversion, alternatives to incarceration, or other criminal justice-focused program.
- ▲ **Improve ability to successfully implement** a PRSS program, in collaboration with community partners.

Capacity Building Focus



Engagement and Partnership

- Strategic relationship building and partnerships within the wide organization, with other organizations, and with communities

Organizational Culture and Climate

- Purpose, vision, and shared beliefs supportive of peer practice
- Organizational readiness for supporting peer practice

Organizational Learning

- Peer practice knowledge and awareness among all staff
- Training, coaching, and development for peer staff
- Communication and multi-disciplinary collaboration in support of goals

Infrastructure

- Written policies and procedures that provide structure and support for PRSS
- Supervision processes and protocols

Resources

- Appropriate staffing levels
- Depth, breadth, and scope of peer support menu
- Arrangement of physical space and use of technology in support of recovery

Mentor Sites



Launched in late 2018 with the selection of four mentor sites

- Faces and Voices of Recovery Greenville (South Carolina)
- Council of Southeast Pennsylvania, PRO-ACT
- RecoveryPoint (West Virginia)
- University of Alabama at Birmingham, School of Medicine, Department of Psychiatry, Community Justice Programs



Role of Mentor Sites



- ▲ PRSSMI participants are matched to an experienced “mentor site” program that provides consultation and support through virtual learning sessions and an on-site visit.
- ▲ Mentor sites are experienced collaborators with first responders, law enforcement, courts, jails, prisons, and community corrections to help people suffering from substance use disorder to achieve and maintain recovery from addiction.

Mentee Sites



Applications accepted on rolling basis, with following criteria:

- ▲ Stage of program development—planning, start-up, or early implementation
- ▲ Diversity of team
- ▲ Clarity and appropriateness of outcomes sought through peer program
- ▲ Clarity and appropriateness of goals for mentorship



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Haley McCrary, MPH

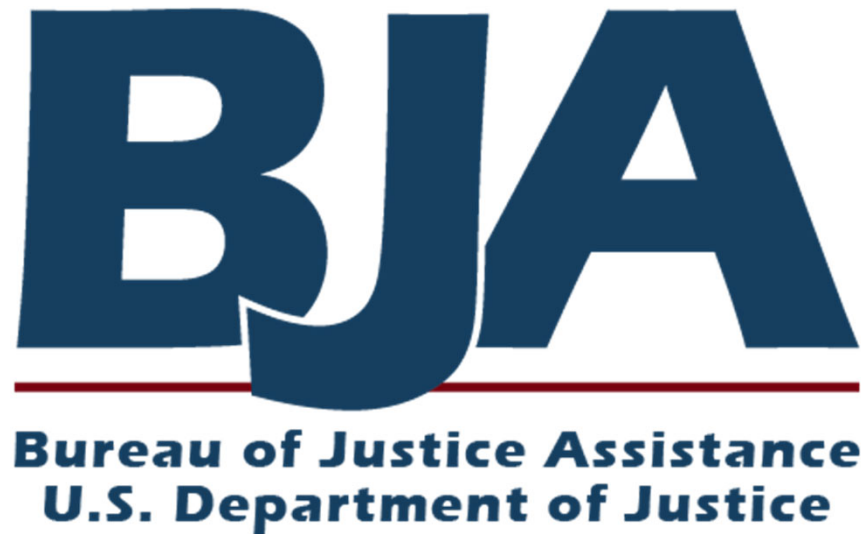
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Strong Dads Make Strong Kids
April 5, 2021

Fatherhood Initiative



A little bit about Rise Up Central Kansas

How Did We Get Here?



Oz's Story

One Dad's Journey





Strong Dads Make Strong Kids

Quenching the Father Thirst

Developing a Dad



Kirk's Turn...
Tell Us About
Your Journey

Fatherhood Initiative Incentive Program:

\$2000 Incentives:

Programs that enable a payor to progress their career

- HVAC certification
- Barbershop or cosmetology licensure
- Forklift driver certification
- CDL certification
- Nursing certificate
- Welding certificate

\$1000 Incentives:

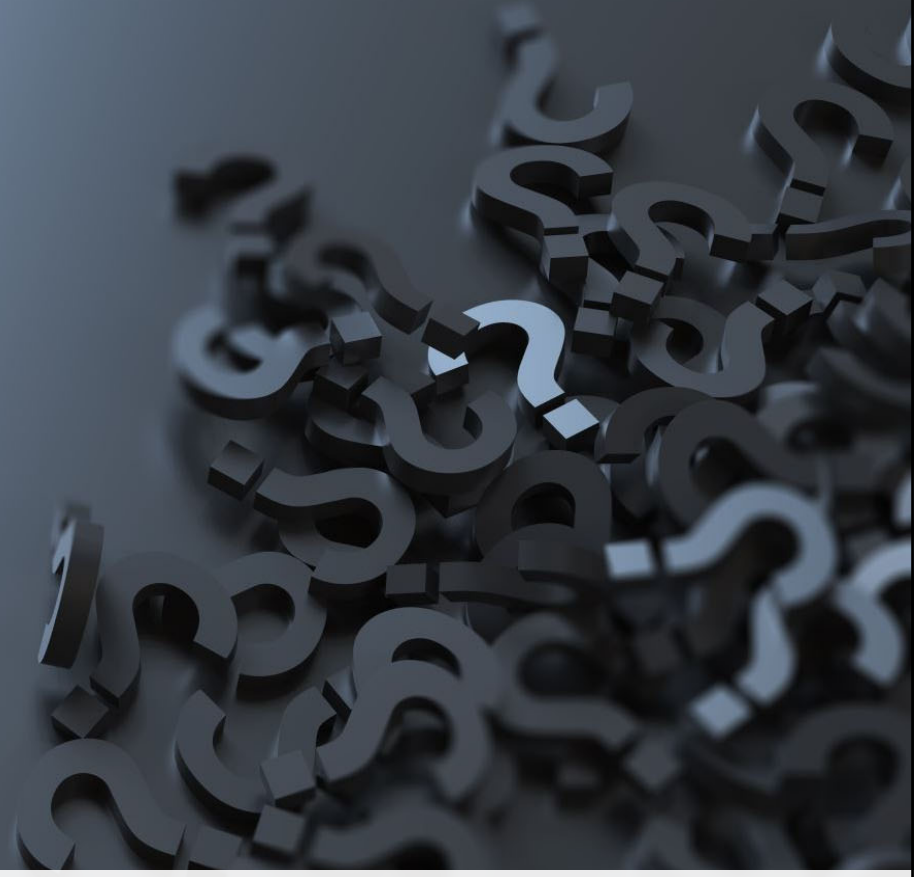
Programs that are education related

- High school diploma or GED

\$500 Incentives:

Programs that enable payor to enhance personal lives

- Fatherhood or parenting classes
- Finance classes
- Addictions classes



Can We Answer Any Questions?

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<https://cossapresources.org/Program/TTA>

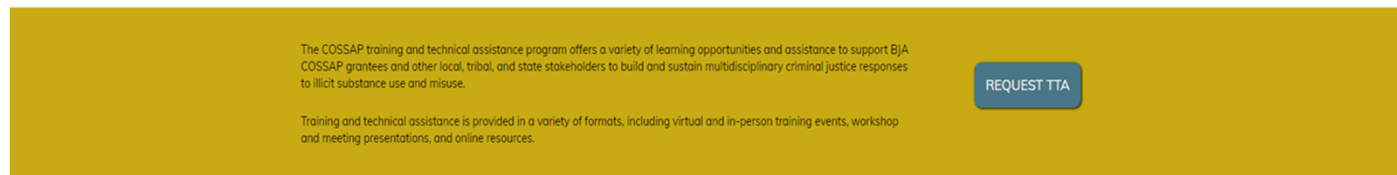


BJA's **Comprehensive** Opioid, Stimulant, and Substance Abuse Program

SEARCH

COSSAP GRANT PROGRAM LEARNING OPPORTUNITIES AREAS OF FOCUS PUBLICATIONS & DIGITAL MEDIA PDMP TTAC

TRAINING AND TECHNICAL ASSISTANCE



The COSSAP training and technical assistance program offers a variety of learning opportunities and assistance to support BJA COSSAP grantees and other local, tribal, and state stakeholders to build and sustain multidisciplinary criminal justice responses to illicit substance use and misuse.

REQUEST TTA

Training and technical assistance is provided in a variety of formats, including virtual and in-person training events, workshop and meeting presentations, and online resources.

The COSSAP TTA Program supports communities by:

- Facilitating peer-to-peer learning opportunities in which communities can learn from experienced programs through virtual consultations and on-site visits.
- Providing speakers for conferences and workshops or skilled subject-matter experts for training events to educate stakeholders and build capacity.
- Facilitating strategic and cross-system planning to identify community resources, establish priorities, and develop a road map to achieving goals.
- Identifying materials such as policies and procedures, guidelines, and data sharing agreements that support program activities.
- Supporting PDMPs by increasing PDMP efficiencies and facilitating coordination between PDMPs and state and national stakeholders.

COSSAP Resources

Tailored Assistance—The COSSAP training and technical assistance (TTA) program offers a variety of learning opportunities and assistance to support local, tribal, and state organizations, stakeholders, and projects in building and sustaining multidisciplinary responses to the nation’s substance abuse crisis. ***You do not need to be a COSSAP grantee to request support.*** TTAs are provided in a variety of formats, including virtual and in-person training events, workshop and meeting presentations, and online resources. Request TTA to support your activities at <https://cossapresources.org/Program/TTA/Request>.

Funding Opportunities—Current COSSAP and complementary funding opportunities are shared at <https://www.cossapresources.org/Program/Applying>.

Join the COSSAP community! Send a note to COSSAP@iir.com with the subject line “Add Me” and include your contact information. We’ll be happy to ensure you receive the latest-and-greatest COSSAP opportunities, resources, and updates.

BJA's



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Opioid, Stimulant,
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Program