

Engaging Clients in Treatment:

Combining MRT With MAT for Opioid Use Disorder

April 29, 2020

Funding Opportunity!

FY 2020 Comprehensive Opioid, Stimulant, and Substance Abuse Site-based Program (COSSAP)

Category 1: Local or Tribal Applications

- Subcategory 1a – An urban area or large county with a population greater than 500,000: up to \$1,200,000
- Subcategory 1b – A suburban area or medium-size county with a population between 100,000 and 500,000: up to \$900,000
- Subcategory 1c – A rural area or small county (as defined in the eligibility section) with a population of fewer than 100,000 or a federally recognized Indian tribe: up to \$600,000

Category 2: State Applications

- Applications from states on behalf of county, local, municipal, or tribal communities: up to \$6,000,000

Closing date: 11:59 p.m., ET, on **May 21, 2020**

Solicitation and details: <https://bja.ojp.gov/funding/opportunities/bja-2020-17023>

Webinar recording, FAQs, and sample narratives: http://s.iir.com/COSSAP_FY2020_Funding



Engaging Clients in Treatment: Combining MRT With MAT for Opioid Use Disorder

Panelists

Jeremy Johnson, Program Director & Clinical Services Supervisor of WestCare

Stephen Wright, Area Director of WestCare

Dr. Kenneth Robinson, Ed.D, Founder/President of Correctional Counseling, Inc. and Moral Reconciliation Therapy, MRT® Co-Developer



Program Implementation

This program was designed for easy implementation in practically any setting.

The simplicity of the program aids in

- Removing barriers to client care**
- Speeding up program implementation**
- Keeping the focus on the fundamentals**
- Assessing where each client has the most engagement**

Why MRT Works

- **Program delivery is both highly structured and directive, which gets clients engaged and keeps them on track**
- **Achievements of each step in the program are clearly understood, and client progress can be documented at every stage of the program**
- **Clients quickly establish ownership of their participation in the program because the program emphasizes feedback and client reflection**

Looking for MRT Guidance During COVID-19?



For complete details and information, visit

<https://www.ccimrt.com/covid-19->

[recommendations-and-helpful-resources/](https://www.ccimrt.com/covid-19-recommendations-and-helpful-resources/)



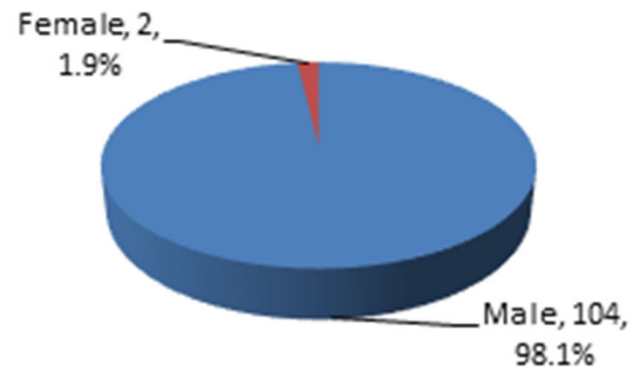
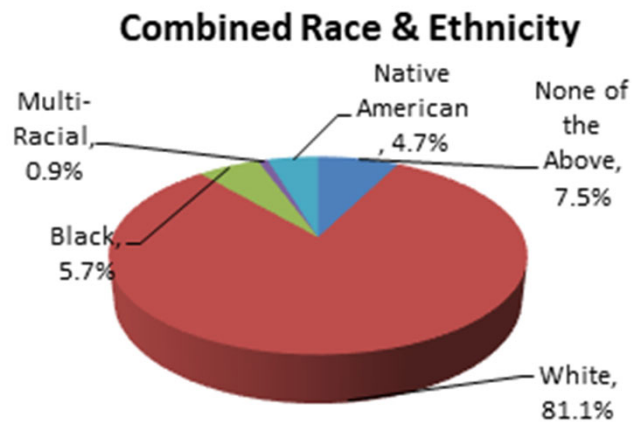
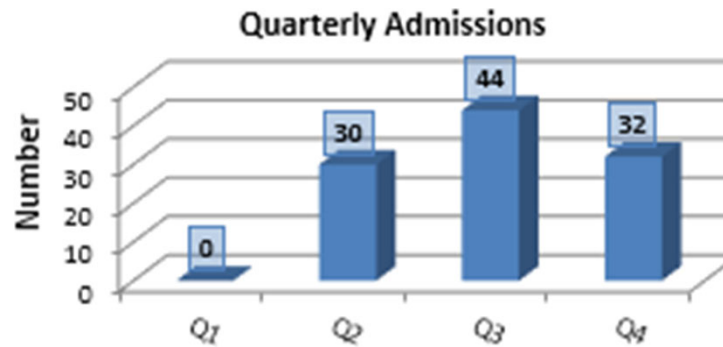
Kentucky Medication Assisted Treatment – Together Eradicating Reliance on Substances (KY MATTERS) provides access to medication-assisted treatment through WestCare Kentucky, Inc. outpatient and residential treatment projects, court diversion projects, and a SAMHSA-funded Offender Reentry Program, serving Estill County and Pike County, both located in the Appalachian Region

Who We Serve

Utilization: From October 1, 2018, to September 30, 2019, KY MATTERS admitted 106 unduplicated clients

Demographics

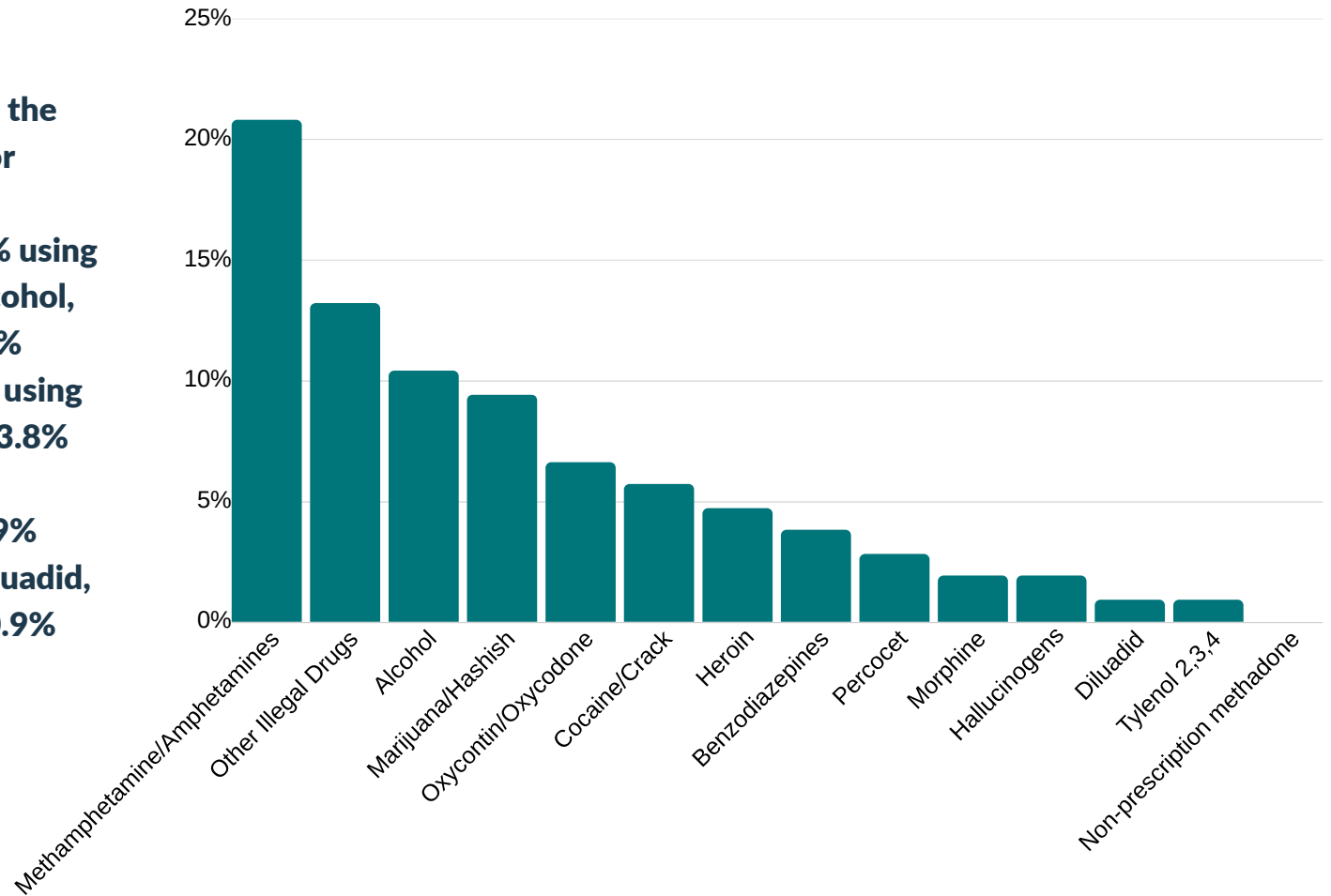
Age Group	Number	Percent
18-24	5	4.7%
25-34	37	34.9%
35-44	45	42.5%
45-54	14	13.2%
55-64	5	4.7%
Average Age		37.6



Top Primary Substances

Used at Intake

Within the 30 days prior to intake, the most frequently used substance for clients was methamphetamine/ amphetamines (20.8%), with 13.2% using other illegal drugs, 10.4% using alcohol, 9.4% using marijuana/hashish, 6.6% using oxycontin/oxycodone, 5.7% using cocaine/crack, 4.7% using heroin, 3.8% using benzodiazepines, 2.8% using percocet, 1.9% using morphine, 1.9% using hallucinogens, 0.9% using diluadid, 0.9% using Tylenol 2, 3, or 4, and 0.9% using nonprescription methadone



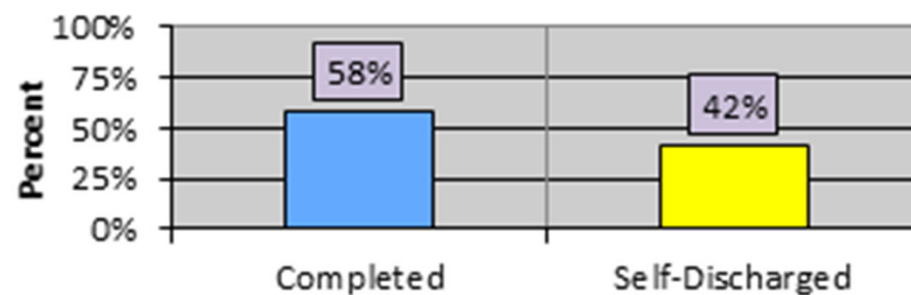
Outcome Evaluation

The Program's Impact on the Community

Individualized Treatment

100% of individuals receiving MAT developed an individualized, comprehensive, integrated treatment plan including appropriate FDA-approved medication, dosage, and frequency based on clinical assessment

Retention



Outcome Evaluation

The Program's Impact on the Community

Substance Use Outcome

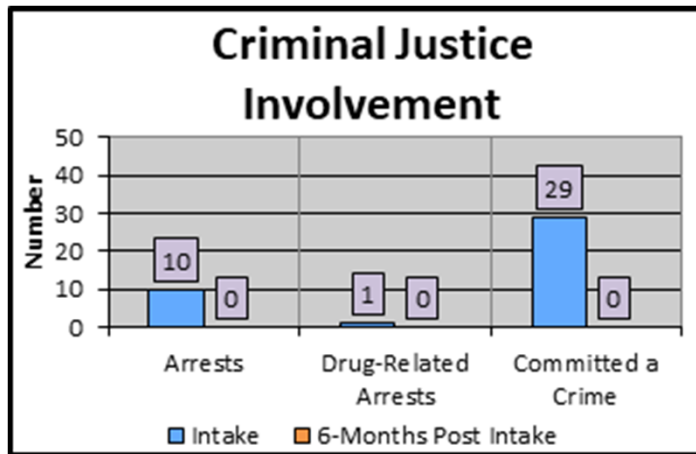
Objective: 80% of clients will be free from illicit drug use and prescription drug misuse at six months post-intake

12 of the 17 clients completing the 6-month post-intake follow-up reported using illicit drugs in the 30 days prior to enrollment in the program. Of these 12 clients, 11 (91.7%) reported abstaining from illicit drug use in the 30 days prior to the 6-month follow-up. Therefore, the program achieved the goal as stated

**Based on 6-month follow-up data for 17 clients*

Outcome Evaluation

The Program's Impact on the Community



Criminal Justice Involvement Outcome

Objective: 70% of enrolled clients will not recidivate at six months post-intake

100% of clients (n=17) reported being crime-free at 6 months into the program; thus the program exceeded the intended objective

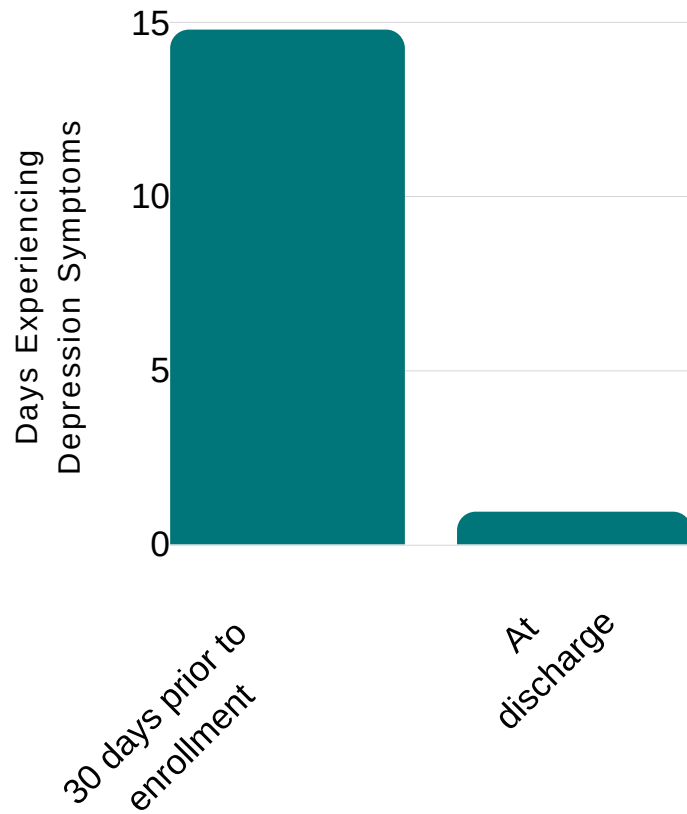
Objective: 80% of the clients who successfully complete MAT will not engage in new criminal activity at discharge.

100% of clients (n=28) were not rearrested at 6 months into the program, thus meeting the intended objective

**Based on 6-month follow-up data for 17 clients*

Outcome Evaluation

The Program's Impact on the Community



Mental Health Outcome

Objective: 70% of clients who successfully complete treatment and saw a decrease in mental health symptoms at 6 months will maintain this decrease at discharge

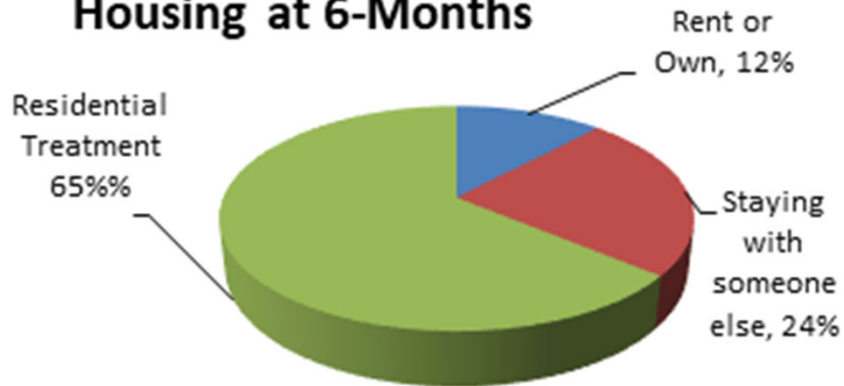
A total of 15 clients completing the discharge assessment reported experiencing depression during the 30 days prior to enrollment. These clients reported experiencing symptoms of depression an average of 14.8 days in the prior 30 days. At the discharge assessment, these clients reported experiencing depression an average of 0.93 days. This is a reduction of 13.9 days. This change is statistically significant ($p=0.000$), utilizing a paired sample t-test

**Based on 6-month follow-up data for 17 clients*

Outcome Evaluation

The Program's Impact on the Community

Housing at 6-Months



Living Situation Outcome

Objective: 80% of clients will have stable living situations at 6 months post-intake

At 6 months post-intake, 100% of clients (n=17) reported having stable housing. Of the clients in stable housing at 6 months, 12% were living in an owned or rented apartment, room, or house, with 24% living in someone else's apartment, room, or house and 65% living in residential treatment. Therefore, the program exceeded the intended objective

**Based on 6-month follow-up data for 17 clients*

PROVIDING DIRECTION

- ❖ Clients establish honesty about themselves and their destructive behaviors.
- ❖ Steers clients into recognizing the situation they are facing.
- ❖ Build trust in both themselves and the program.
- ❖ Sense of responsibility.
- ❖ Giving up things outside of their control.
- ❖ Genuine commitment to change.
- ❖ Establish real life goals and direction.

EASE OF IMPLEMENTATION

- ❖ Open ended allowing for clients to enter at any point.
- ❖ Work is placed on shoulders of client and staff serves as a facilitator only.
- ❖ Clients progress at their own pace.
- ❖ Provides facilitator with insight into many aspects of the clients life.
- ❖ Written on a level clients easily understand and relate to.
- ❖ Drawings break down barriers allowing clients to express themselves more effectively.
- ❖ Aligns well with other CCI material.

Get in touch with us!

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Questions?



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