



South Correctional Entity "SCORE" Whole-Person Care

Lieutenant Jeff Gepner

June 29, 2021

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Welcome and Introductions



Welcome/Introductions

- Moderator: Jen Christie, TTA COSSAP Coordinator Advocates for Human Potential, Inc.
- Presenter: Lieutenant Jeff Gepner South Correctional Entity



Jeff Gepner, Lieutenant, South Correctional Entity

In 2011, SCORE opened as the first regional misdemeanant jail in King County, Washington, the largest urban county in the state. During that same year, Lieutenant Gepner began his work with SCORE as a correctional officer, bringing nearly 20 years of project and risk management experience to the position. As a correctional officer, he played an integral role in developing policies and procedures for the new jail.

Promoted in 2015 to his current position of programs manager, Lieutenant Gepner served as the project lead and SCORE liaison for Disability Rights Washington (DRW) and the Amplified Voices of Inmates with Disabilities project, wherein the two groups collaborated to improve conditions for inmates experiencing mental illness. At the conclusion of this project, SCORE and DRW set a precedent by establishing a memorandum of understanding indicating a common line of action that now serves as a model for other jails.

Lieutenant Gepner has greatly expanded the number of programs and educational opportunities available to SCORE's inmate population. He actively promotes and supports SCORE's mission to address individuals' social determinants of health. He currently leads SCORE's comprehensive opioid use disorder program and makes invaluable contributions to the jail through his implementation and expansion of more than 50 ongoing programs.



Learning Objectives



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- Describe how cross-system collaboration involving multiple communities works.
- Explain why cross-system collaboration is important to the success of individuals with opioid use disorder (OUD) who are incarcerated.
- Recognize innovative programs within SCORE that can be implemented in other jails to positively impact the lives of individuals receiving services.



Our Presentation



- Whole-Person Care
- Medications for OUD
- Mental Health





About SCORE



- SCORE is a regionally owned jail in Des Moines, Washington, with a total capacity of 802 inmates. The jail currently serves the confinement needs of six member cities (Auburn, Burien, Des Moines, Renton, SeaTac, and Tukwila) in King County, as well as over 40 additional interlocal contract agencies.
- Unlike smaller jails, SCORE is better equipped to provide 24/7 medical and mental health care for individuals who are incarcerated. For this reason, outside agencies often transfer individuals experiencing medical, mental, and/or substance abuse disorders to SCORE so that they can receive a better level of care.



Booking Process

- SCORE typically books in 30–50 people per day
- Prior to being accepted for booking, individuals undergo:
 - Basic health screening
 - COVID-19 screening
- Once individuals are booked into SCORE, they then undergo:
 - A full medical history, physical screening, and triage (performed by a RN; takes place within 2 hours of booking). If deemed necessary, the RN will place an individual on a daily sick-call or healthcare provider list
 - A full mental health screening
- After this process is completed, the individual is taken to housing
- The average stay is 8.5 days





Typical Day

SCORE moves approximately one-third of its population per day:

- Detox check
- Medication distribution to the 14 housing units
- Court
 - 35–55 hearings per day
 - All hearings take place virtually and encompass 10 jurisdictions
- Programs
 - 70–80 appointments per day
 - More than 50 outside organizations
 - Medication-assisted treatment (MAT) intake/induction/assessment
 - Mental health
 - Case management
- Sick call, healthcare provider sick call, and dental





Highlights

Disability Rights Washington (DRW)



In 2017, DRW began monitoring SCORE in an effort to improve the lives of individuals with disabilities who are incarcerated. In August of that year, DRW published a report recognizing the positive changes being made at SCORE—changes that came as a result of this newfound, cooperative relationship. These efforts have since established new standards and demonstrated a path forward for all other Washington jails.

- Mental health general population
- Imbedded mental health staff
- Step-down units
- Mentor site
- Reentry services



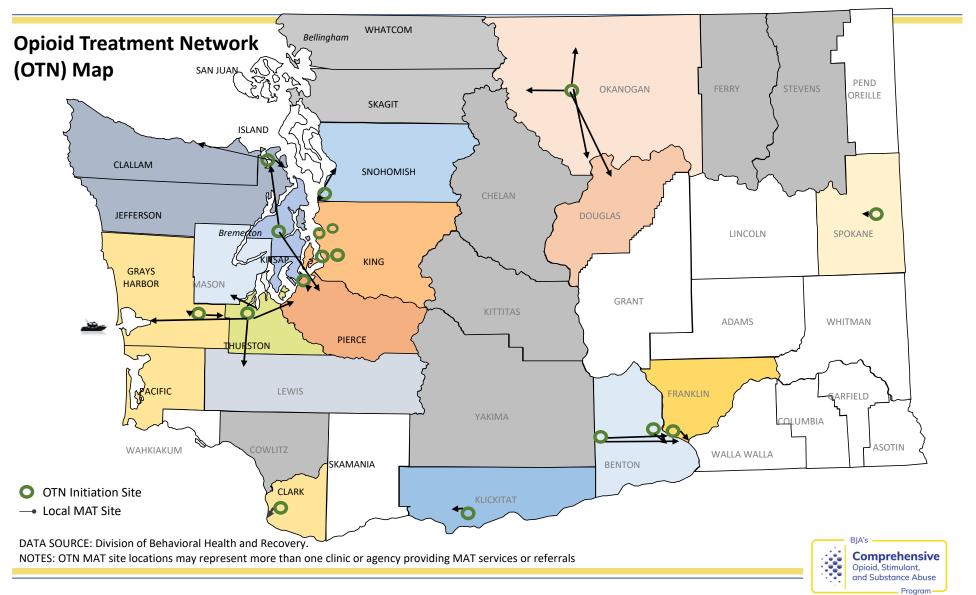
Highlights

Overdose Prevention

- Provide NARCAN (naloxone)
- Treatment education
- Information handouts
- Alerts
- Rides to treatment







Work Flow

- Intake screening
- Urine drug screen (80% detoxing / 60% opiates / 20% alcohol / 12% benzodiazepine ("Benzos")
- Continuation
 - Verification
- Detox protocols (Clinical Opiate Withdrawal Scale [COWS])
 - COWS score of 6 or higher results in a buprenorphine induction
 - Those inducted are screened into our MAT/MOUD program
- Patients are able to request MAT/MOUD (400+ requests per month)
- Those leaving first are screened first
- Two are screened per day; two are inducted
- Daily dosing
- NARCAN placed in property room
- Day-of-release medications are delivered to the jail
- Our officer will drive most to their same-day appointment
 - Additional bus tickets or other forms of transportation are given





Statistics

Continuations/Bridging – Average per day

- Buprenorphine: 20+
- Methadone: 17+

Starts/Inductions – Average per month

- Buprenorphine: 20+
- Vivitrol: 7.5
- Methadone: 0.9





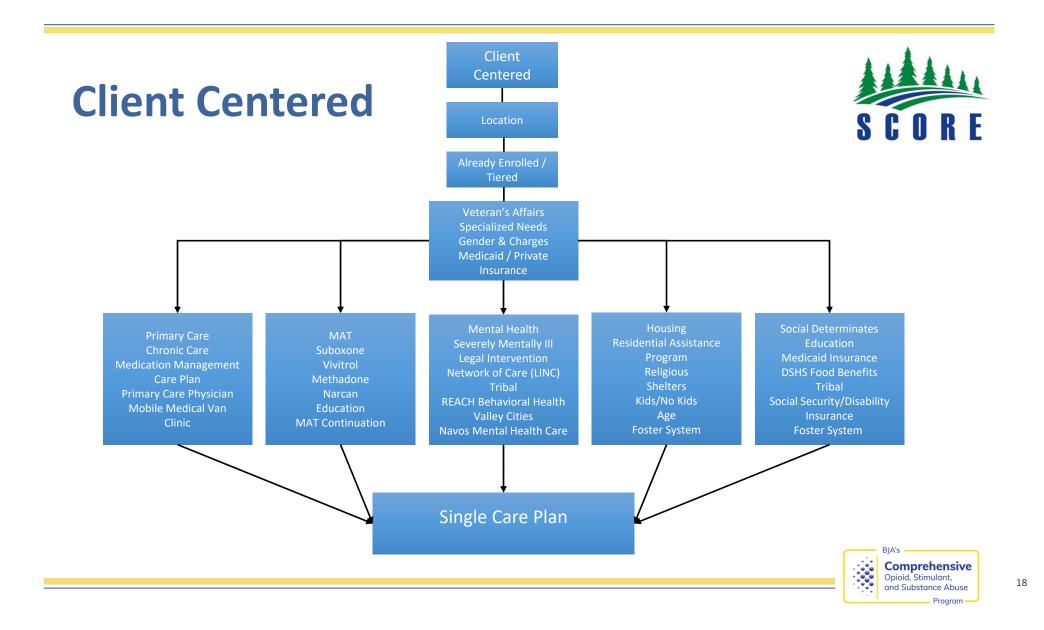
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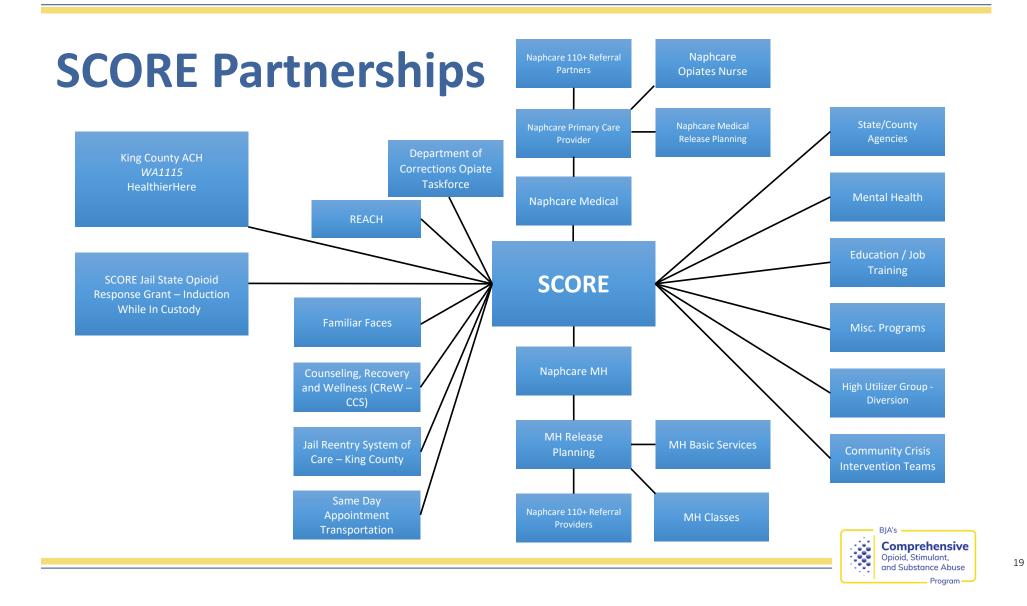
Common Questions



- What do you do about diversion and contraband?
- Have you had pushback from staff? If so, how did you address that?
- Are you seeing an uptick in fentanyl or methamphetamines?
- What drug dosages does SCORE typically start with?
- Why was my client's medication stopped?
- How does someone become eligible for the MAT program?







What Works?



- Leverage resources
- Streamline the process
 - All jails are different. What works for you?
- Form strong partnerships and linkages
- Provide a warm handoff
- Acknowledge social determinants of health



Advocacy and Policy Reform



- Criminal Justice Opioid Work Group Health Care Authority
- King County Quarterly MAT Meeting
- HealthierHere Medicaid Waiver (WA1115)
- University of Washington Jail Technical Assistance
- Disability Rights Washington



Contact Information

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Questions?



https://cossapresources.org/Program/TTA



TRAINING AND TECHNICAL ASSISTANCE

The COSSAP training and technical assistance program offers a variety of learning opportunities and assistance to support BJA COSSAP grantees and other local, tribal, and state stakeholders to build and sustain multidisciplinary criminal justice responses to illicit substance use and misuse.

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Training and technical assistance is provided in a variety of formats, including virtual and in-person training events, workshop and meeting presentations, and online resources.

The COSSAP TTA Program supports communities by:

- Facilitating peer-to-peer learning opportunities in which communities can learn from experienced programs through virtual consultations and on-site visits.
- Providing speakers for conferences and workshops or skilled subject-matter experts for training events to educate stakeholders and build capacity.
- Facilitating strategic and cross-system planning to identify community resources, establish priorities, and develop a road map to achieving goals.
- Identifying materials such as policies and procedures, guidelines, and data sharing agreements that support program activities.
- Supporting PDMPs by increasing PDMP efficiencies and facilitating coordination between PDMPs and state and national stakeholders.



COSSAP Resources

Tailored Assistance The COSSAP training and technical assistance (TTA) program offers a variety of learning opportunities and assistance to support local, tribal, and state organizations, stakeholders, and projects in building and sustaining multidisciplinary responses to the nation's substance abuse crisis. *You do not need to be a COSSAP grantee to request support*. TTAs are provided in a variety of formats, including virtual and in-person training events, workshop and meeting presentations, and online resources. Request TTA to support your activities at <u>https://cossapresources.org/Program/TTA/Request</u>.

Funding Opportunities Current COSSAP and complementary funding opportunities are shared at https://www.cossapresources.org/Program/Applying.

Mentor Program – Information on the Jail-based Mentor Site Initiative and the Jail-based mentee application is available at https://www.cossapresources.org/Learning/PeerToPeer/#JailMentor

Join the COSSAP community! Send a note to <u>COSSAP@iir.com</u> with the subject line "Add Me" and include your contact information. We'll be happy to ensure you receive the latest-and-greatest COSSAP opportunities, resources, and updates.



